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## Instructions for Submitting A1C Results

Your patient is enrolling in the Feed Your Health program, offered through NourishedRx and their health plan. To complete their enrollment, we kindly ask for your help submitting documentation of their latest A1C result.

As part of this program, your patient may be eligible to receive healthy food deliveries, support from a nutrition coach, and helpful resources to support their overall well-being—all provided at no cost through their health plan.

### What We Need:

- The patient's most recent A1C result within the past 6 months
- Must include the patient's full name or date of birth
- If your patient does not have a recent A1C on file, we kindly ask that you assist them in scheduling labs to complete their enrollment;

### How to Send It:

- Send securely via email to [feedyourhealth@nourishedrx.com](mailto:feedyourhealth@nourishedrx.com)
- Fax: 917-540-2450

### Questions?

Please contact us:

- Phone: 919-296-4767
- Email: [feedyourhealth@nourishedrx.com](mailto:feedyourhealth@nourishedrx.com)

Thank you for your support in helping your patient access healthy food and personalized nutrition coaching through their health plan.

– The NourishedRx Team